## Extended-day Thursday:

If your child is staying all day on Thursday, you will need to send a lunch (with an ice pack) for your child along with a <u>small blanket</u> and small pillow (optional). Please put the blanket and pillow in a light colored pillowcase with your child's name on the outside of the pillow case. These will be sent home at the end of the day.

## Please send in a light colored pillow case for your child with their name on it.

Our children love their independence at this age. Part of our routine is to pack up our blanket and put it away. Help your child's success by ensuring that you send a small light blanket. A pillow is not necessary but either send a small one or make sure there is enough room left in the pillow case for them to pack up their blanket. They will also be carrying their sleep bag, lunch, and folder out to their car. We put everything into our pillow case and carry it out. They love this it makes them feel soooo big, so our goal is to keep it a small and manageable as possible.

## Please ensure you send a small lunch and bottle of water with your child.

The State of Arizona requires children to be served lunch with one serving of each food group. Therefore, we encourage you to provide a well-balanced lunch, which includes dairy, protein, grain, and fruit or vegetable. We have found that children like a variety of items to eat, so sending a *small amount* of each food group is best. This helps to eliminate wasted food.

Over the years we have found that more often than not too much food is sent in and it is wasted. I try to have the children re-pack what is not eaten so you can see what is left. If you are always seeing a lot of food please send in a little less.

## I am the only teacher for Our Pre-K class so drop off and pick up procedures will change slightly.

- 1. Please stop just before the driveway with your vehicle **heading West.**
- 2. The lead car will stop and get out to walk their child to the front door, or if you are comfortable, your child can walk up to the door while you wait at the car. A teacher will be at the door to greet your child.
- 3. When the lead car pulls away the next car will pull up, stop their child will go to the door.
- 4. Pick-up is from 2:05 -2:15 p.m. If there is a line, please do not block the neighbors' driveways.
- 5. Do not get out of your vehicle before you are the first car in line. The children are very excited to share their day with you and have been know to run out to you. For the children's safety, the teacher will release your child to you when you are first in line and you can walk your child to your car or watch them walk to the car.
- 6. Any car pools that can be formed are always appreciated and helpful or if you like you may park at the end of the block or at the corner and walk.